ENDONE PATIENT INFORMATION PAMPHLET

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Oxycodone is a frequently prescribed opioid analgesic medication. Typically used for breakthrough & procedural pain relief. Due to the need to provide education to burns patients prescribed this medication, a patient information pamphlet was developed to formalise & assist this process. The main points from this pamphlet are as follows:

Endone®
(oxycodone)

Information for patients

NSW Statewide Burns Injury Service
Concord Repatriation General Hospital

What is Endone?

Endone is an semisynthetic opioid analgesic used in adults to relieve moderate to severe pain. For example, it can be used for pain relief during cleaning or dressing wounds. Endone contains oxycodone hydrochloride as the active ingredient.

When not to take Endone

You should not take Endone if you have an allergy to oxycodone hydrochloride, morphine, codeine or opium. Symptoms of an allergic reaction: rash, blisters or skin discolouration due to sun exposure.
You should not take Endone if you have or have had:

- Head injury
- Brain tumour
- Alcohol dependence
- Epilepsy
- Heart problems
- Asthma
- Depression

How to take Endone

- Endone is a small, white, uncoated tablet.
- Swallow whole after meals with a full glass of water or milk.
- Usual dose is one tablet every six hours, however your doctor may have prescribed a different dose for you.
- One tablet is 5mg (= 5mg s/c Morphine)
- If you forget to take a dose, do not take a double dose to make up for missed doses. If you take too much, immediately seek medical advice.
- Symptoms of overdose include feeling sleepy & /or difficulty breathing.

Side effects

Endone is generally well tolerated, but may cause unwanted side effects. Tell your nurse or doctor if you notice any of the following side effects:

- Dizziness
- Drowsiness
- Constipation
- Nausea/vomiting
- Loss of appetite
- Restlessness
- Constricted pupils
- Abnormally slow fast or irregular heartbeat
- Anything that makes you feel unwell

Helpful hints

Pain relief should start 10-15min after taking. Maximum pain relief occurs after 30-60min. Take you dose 30min prior to your dressing procedure.
Endone can be addictive. It is important to take only as prescribed by your doctor. If abused, it may become less effective at reducing your pain.
Endone may cause constipation. This may be prevented by eating more fibre & drinking more fluids. Your doctor may also recommend the use of laxatives.
You should avoid driving and drinking alcohol while taking Endone.

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